

BLUEBERRY SHERBET WITH LEMONADE MAGIC SHELL

INGREDIENTS:

FOR SHERBET:

5 cups frozen blueberries

1 cup coconut milk

1 cup sugar

1 teaspoon lemon juice

1/8 teaspoon salt

1 ½ teaspoon LorAnn Compounded Naturals Blueberry flavor

FOR MAGIC SHELL:

6 oz. white chocolate, chopped

2 tablespoons Coconut Oil (Flavorless)

½ teaspoon LorAnn Compounded Naturals Lemonade flavor

LorAnn Yellow Liquid Gel Food Coloring, optional



DIRECTIONS:

FOR SHERBET:

- 1. Place blueberries, coconut milk, sugar, lemon juice, salt, and natural blueberry flavor into a blender.
- 2. Blend until very smooth and creamy.
- 3. Pour mixture into an ice cream maker and process according to manufacturers suggestion.
- 4. Pour into loaf pan and cover with plastic wrap. Freeze for at least 5 hours or overnight.

FOR MAGIC SHELL:

- 1. Combine the chopped white chocolate and coconut oil in a microwave-safe bowl or Pyrex® measuring cup. Melt in the microwave on 50% power in 30-second intervals, stirring after each. Continue until melted and smooth.
- 2. Stir in natural lemonade flavor and add yellow gel food coloring, if desired.
- 3. Cool to room temperature, until mixture is the consistency of buttermilk.
- 4. Spoon lemonade shell mixture over scoops of blueberry sherbet. Shell will harden in a few seconds.

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Note: Store in an airtight container for up to 2 weeks. Rewarm in the microwave at 50% power for 30 seconds

or until mixture is pourable.